

FITZPATRICK ASSESSMENT

Client Name: _____ Date: _____

ANALYSIS	0	1	2	3	4	SCORE
Natural eye color?	Light blue, gray or green	Blue, gray or green	Blue	Dark brown	Brownish black	
Natural hair color? (prior to grey)	Sandy red	Blond	Chestnut, dark blond	Dark brown	Black	
Skin color? (non-exposed)	Reddish	Very pale	Pale with beige tint	Light brown	Dark brown	
Freckles on unexposed areas?	Many	Several	Few	Incidental	None	

GENETIC DISPOSITION TOTAL: _____

ANALYSIS	0	1	2	3	4	SCORE
What happens when you stay in the sun too long?	Painful redness, blistering, peeling	Blistering followed by peeling	Burns sometimes followed by peeling	Rarely burns	Never had burns	
To what degree to you turn brown?	Hardly or not at all	Light color tan	Reasonable tan	Tan very easily	Turn dark brown quickly	
Do you turn brown within several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always	
How does your face react to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never had a problem	

REACTION TO SUN EXPOSURE TOTAL: _____

ANALYSIS	0	1	2	3	4	SCORE
When did you last expose your body to sun, tanning bed or cream?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than 1 month ago	Less than 2 weeks ago	
Was the area to be treated exposed to the sun, tanning bed or cream?	Never	Hardly ever	Sometimes	Often	Always	

TANNING HABITS TOTAL: _____

SKIN TYPE SCORE	FITZPATRICK SKIN TYPE
0-7	I
8-16	II
17-25	III
25-30	IV
Over 30	V

TOTAL SKIN TYPE SCORE:	
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FITZPATRICK SKIN TYPE	
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LUMIÈRE

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